

Moms & More

October 2020 Newsletter

Hello from your Co-Leaders!

Welcome to October! School is well under way, and hopefully you and the kids are finding a nice groove with remote learning. The weather is starting to turn cold once again, so make sure you take advantage of any outdoor time you can get with pumpkin patches, apple orchards, and going out to see how the leaves are changing colors. There are a few outdoor Socials events to be had this month, so if you need a little moms-only-time, check out the October calendar! Stay positive and hopeful and just breathe during everything!

~Molly and Jen

Event of the Month!

Highlighting a Moms & More event each month to share what the group has to offer.

October Event of the Month... Elections!!!!

Elections

The semi-annual Board elections are happening this month, and we still have plenty of openings if you want to become more involved and invested in the group!

If you're looking for something that is just for you during the crazy remote learning schedule, or if you've been interested in having your voice heard and becoming more involved in the group dynamics, there are some great positions available on the Moms & More Board! Contact Mariell Radell, Molly Whitman, or Jen Kmiec if you're interested!

You truly gain an appreciation of how great the group is and how we care for and support each other.

Team work, collaboration, organization, creativity, leadership, decision-making, fun, rewarding work, giving back, helping others, building relationships, community, support

Marketing

**Kids
Coordinator**



Co-Leader

Community Outreach

News to Know



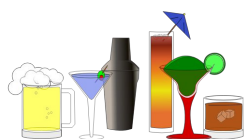
Birthdays

Kathy Mayyou	October 3
Megan Glassman	October 11
Lacey Dieser	October 16
Mera Johnson	October 19



From Socials...

Thanks to Michelle Dougherty for hosting the Patio Party, and Sharill Hellenthal for hosting Book Club



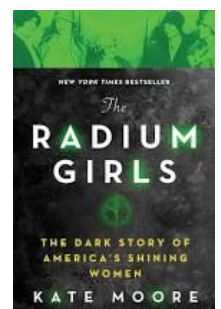
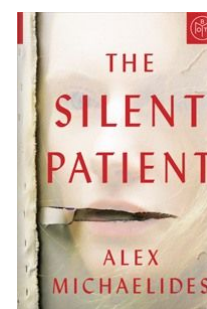
Moms & More will be doing another hybrid Book Club this month!! One of our members will be hosting some members at their house, while anyone else can continue meeting on the Zoom call from their own home!

Keep an eye out for more information on how to participate in Book Club, whether you've read the book or not!!

Upcoming Book Club selections...

October- The Silent Patient by Alex Michaelides

November- The Radium Girls: The Dark Story of America's Shining Women by Kate Moore



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Indoor Activity Ideas For Kids



1. Play freeze dance
2. Create a comic book
3. Write a letter to someone
4. Roll a ball back and forth between legs
5. Walk an egg race
6. Walk a three legged race
7. Read a book
8. Write a book
9. Create a comic book
10. Put on a puppet show
11. Write a song
12. Build a house of cards
13. Play indoor bowling
14. Play superhero
15. Play spy
16. Play office
17. Play school
18. Play grocery store
19. Toilet paper roll crafts
20. Paint with craft paint
21. Make a poster
22. Play trucks
23. Play trains
24. Trace your body outline on a big piece of paper
25. Jump on your shadow
26. Play with play dough
27. Put a puzzle together
28. Blow bubbles
29. Play freeze dance
30. Pretend to be an animal
31. Play a board game
32. Make hand prints
33. Make foot prints
34. Play with water
35. Scoop uncooked rice
36. Scoop dry uncooked oatmeal
37. Decorate a cardboard box
38. Fly paper airplanes
39. Sing
40. Make faces in the mirror
41. Jump
42. Do a staring contest
43. Make a treasure hunt
44. Make a collage using magazine pictures
45. Make a word poem using magazine titles
46. Build a blanket fort
47. Make a macaroni necklace
48. Make a fruit loop necklace
49. Have a tea party
50. Bake
51. Play a card game
52. Sock puppets
53. Stack plastic cups in a tower
54. Blow q tips through a straw
55. Roll a ball
56. Ring toss
57. Water play
58. Paint with cotton balls
59. Balloon tennis
60. Indoor bowling
61. Indoor obstacle course
62. Play spies
63. Tic Tac Toe
64. Musical pillows
65. Finger painting

www.parentclub.ca

FUN

F.Y.I.

30 DAYS OF FAMILY FALL FUN ACTIVITIES

encouragingmomsathome.com



1 Make Snickerdoodle muffins	2 Bob for apples	3 Make a scarecrow	4 Try a fall coffee	5 Go through summer clothing
6 Decorate for fall	7 Eat corn on the cob	8 DIY leaf crafts	9 Donate to a food drive	10 Bake a casserole
11 Read fall books	12 Make s'mores	13 Family Game Night	14 Watch football	15 Visit a craft show
16 DIY trail mix	17 Create handprint art	18 Thank someone	19 Make apple pie	20 Check fire/smoke alarms
21 game night	22 Cook with squash	23 Go on a hay ride	24 Drink apple cider	25 Visit a corn maze
26 Paint pumpkins	27 Have a fall picnic	28 Rake leaves for a neighbor	29 Make a no-sew blanket	30 Have fun!

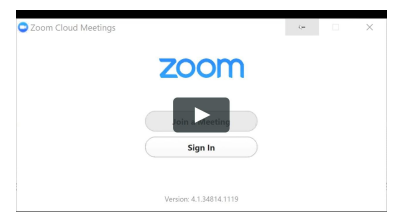
October Calendar

October 2020 Blank Calendar

This calendar is blank, printable, fully editable and has the print range preset.

[Courtesy of WinCalendar.com](https://www.wincalendar.com)

October 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9 Patio Party @ Jennifer Hahn's 7:30p	10
11 Mom's Brunch Benny's Place 10a	12	13	14 Board Meeting 7p - Hybrid Event Host - TBA	15	16	17 Trunk or Treat 10a
18	19	20	21	22 Book Club 7:30p - Hybrid Event Host - TBA	23 Patio Party @ Nikki Karl 7:30p	24
25	26	27	28 MNO Two Brothers Roundhouse 7p	29	30	31



Advertise Here!!!

Advertising policy

- Ads must be paid for and submitted by the 15th of each month to ensure publication in the following month's newsletter. If you are interested in advertising, please contact the co-leaders. All rates are pre-paid. Rates are listed below and price reflects cost for a 3 month ad.
- Business card size: Members: \$15 and Nonmembers: \$20
- 3x5 size: Members: \$20 and Nonmembers: \$25



Board of Directors

Co-Leaders Molly Whitman- mortski21@yahoo.com

Jen Kmiec jennifer_kohn@hotmail.com

Secretary Mariel Radell - marielradell@gmail.com

Membership Vicki Petersen - vpetersen74@hotmail.com

Socials Mindy Ehrenfeld- mindykpeters@gmail.com

Angel Saiyde sutorfam6@comcast.net

Treasurer Heather Daley- hdaley83@gmail.com

Marketing Erin Maldonado- momsandmoremarketing@gmail.com

Community Outreach

Kids Coordinators Elizabeth Elsbree- bak8382@yahoo.com

Kimberly Allgaeuer - kimbersquirt@yahoo.com

Fundraising Stephanie Spencer- steph.nicole.spencer@gmail.com

Care Coordinator Maggie Mengesha-Cribbs- mengesha77@gmail.com

Resale Chairs Karen Metzdorf- karen.metzdorf@alumni.purdue.edu

Dana MacDonald - sparkly16@gmail.com