



Complete any 5 service activities on the list, or 1 BIG activity. Then have a parent initial next to what you completed and turn it in to a Moms & More Board Member or email it to jennaseabold@gmail.com by Aug. 12 to be eligible for prizes. Details below:

How to earn a chance to win ONE \$50 Amazon or Visa Gift Card

1. Complete 5 Activities or 1 BIG Activity = 1 Small Prize and 1 Entry for a \$50 Amazon or Visa Gift Card*
2. For each 5 additional activities or 1 additional BIG Activity completed = Earn 1 additional entry for a \$50 Amazon or Visa Gift Card*

Your Name _____ Your Mom's Name _____

Service Ideas. Complete 5 to be entered in the drawing:

- _____ Attended the Sunnymere Planting Day.
- _____ Water the Sunnymere Garden. Receive activity credit for watering up to 3 times: 1_____ 2_____ 3_____
- _____ Help your mom shop for school supplies for the Moms & More School Supply Drive.
- _____ Pull your neighbor's garbage cans up to their house.
- _____ Ask your neighbor if you can pull weeds, pick up sticks, or help with another yardwork task.
- _____ Create a "Day Brightener Box" to give to a neighbor, a friend or someone you know who is going through a hard time. Be creative!
- _____ Share fruit or veggies you helped pick from your garden or cookies you helped make (or picked out at the store) with a neighbor or someone who needs their day brightened.
- _____ Give your garbage collector, mail carrier, or delivery person a cold bottle of water and a snack.
- _____ Complete a chore that you don't normally do without being asked.
- _____ Give up 30 minutes of screen time to do a chore you don't normally do without being asked.
- _____ Ask your parents, grandparents or caregiver if there is a chore that they need help completing and do it with them or for them.
- _____ Create and mail a care package to servicemen or women.
- _____ Draw pictures or a write a nice note to give to a sick or homebound neighbor, or to a resident of Sunnymere or another nursing home.
- _____ Write a thank you card or color a picture and give it/mail it to someone who has done something nice for you.
- _____ Write a kind note or draw a nice picture to mail to a family member you don't see often.

- _____ Call/FaceTime/Skype a family member you don't see often just to say "Hi."
- _____ Ask your parents if they volunteer or give to any organizations, and if you can help at an event or help donate items.
- _____ Go through your toys and donate at least 3 toys to an organization that takes used toys (ideas include: Moms & More Resale Donations, Salvation Army, Goodwill, Wayside Cross, The 3:11 Project, a church nursery, etc.)
- _____ Save your allowance, tooth fairy money, or gift money and use it for a random act of kindness. (Ideas include: Buy the person behind you at the drive thru an ice cream cone or drink, tape your money to a neighbor's front door with a kind note, buy the person behind you at the grocery store checkout a candy bar, etc.)
- _____ Another idea: save allowance, tooth fairy money, or gift money and use it to donate to an organization that you support. Need some ideas of places to give? Here are a few lists:
- <https://www.foxvalleyunitedway.org/partner-agencies>
- <https://www.yorkville.il.us/270/Non-Profit-Volunteer-Organizations>
- _____ Create a change jar at home to collect money for Ronald McDonald House or a cause you support. Ask your family members to put their change in the jar throughout the summer. Be creative with ways to collect change!
- _____ Help your parents find a Non-Profit Wish List and help purchase something to donate. Here are some places to start:
- <https://www.kccfoodpantry.org/donate/>
- <https://www.facebook.com/The311Project/>
- <https://www.mutualground.org/ways-to-help/wish-list/>
- <https://www.hesedhouse.org/needs-list/>
- <https://worldreliefdupageaurora.org/donate-goods-0> (Note the drop-off is in Carol Stream)
- _____ With your parents' permission, pick up trash in a local park.
- _____ Decorate Kindness Rocks and put them around town.
- Oswego Illinois Rocks: <https://www.facebook.com/groups/796109547231047/>
- Kindness Rocks Plainfield: <https://www.facebook.com/kindnessrocksplainfield/>
- Kindness Rocks Naperville: <https://www.facebook.com/groups/485509908457731/>
- _____ Give as a family. Organize a family activity volunteering together at Feed My Starving Children, a non-profit 5K or 1 Mile Fun Run, or another activity in your community.
- _____ I identified a need in my community and helped in this way _____
- _____

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_____.

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_____.

Ideas for older kids:

___ Donate pay from three hours of paid work or 3X weekly allowance toward an organization you want to support.

___ Mow the lawn, get the newspaper or mail, or watch/feed/walk a pet while a neighbor is on vacation.

___ Help set up a teacher's classroom before school starts.

___ Volunteer at Feed My Starving Children or another organization you want to support.

___ Bonus if you get friends to go with you!

Giving Back in a BIG Way. Only 1 needed for prize drawing entry.

___ I organized a drive in my neighborhood or through social media to fulfill a non-profit's wish list. Or something similar. Here's what I did:

_____.

___ My neighbor had a need that I helped with all summer without pay. (ex. Walked dogs every day, mowed the lawn every week, brought in their newspaper every day, etc.) Here's what I did:

_____.

___ I volunteered extensively with a non-profit organization this summer. Here's what I did:

_____.

___ I got my friends or neighbors together and we did something BIG to help others. Here's what we did:

_____.

_____.

Ideas include: collected items to complete a non-profit wish list, put care packages together to send to servicemen and women, organized a food drive, ran a car wash to raise money for an organization we support, volunteered reading to nursing home residents once a week this summer, partnered with an organization and met a need they had, etc. (It is up to your parents to decide if it is big enough to replace 5 regular service activities.)